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FOR IMMEDIATE RELEASE

Healthy Active Gladstone Region wins regional award

Gladstone Regional Council's Healthy Active Gladstone Region project is one step closer to taking out the Premier's Healthy Queensland Awards, and the coveted \$1 million prize, after the initiative was declared the Central Queensland Region's healthiest community category winner at a ceremony in Rockhampton today.

Healthy Active Gladstone Region committee chairperson Deputy Mayor Gail Sellers said she and the entire committee were "ecstatic" at the win, and that they would head into the awards' state-wide finals, to be held in Brisbane during August, with "positive thoughts and a quiet confidence in projects chances of winning".

"The entire committee has been over the moon with excitement since yesterday's announcement because we've felt from the start that this is a world class standard project which has really been embraced and taken on so well by the Gladstone Region, so this win is a great recognition for all our achievements so far," she said.

"We would like to encourage residents, businesses and organisations within the Gladstone Region to continue to embrace the program's motto of *Be Smart and Take Part* because getting the inactive active and the unhealthy healthy is a long term commitment and contribution to our residents' future health and well-being."

Cr Sellers said she hoped Gladstone Regional Council would be a major recipient of a slice of the \$1 million prize on offer during the state-wide awards, and that the money would be spent on installing fitness stations at locations around the region.

"The idea behind this is to encourage whole family participation by placing the fitness stations near existing significant playgrounds," she said.

Healthy Active Gladstone Region is a strategy to get the inactive active and the unhealthy healthy. A range of projects have been developed to assist residents, organisations and businesses of the Gladstone Region to *Be Smart and Take Part*. For more information on the initiative visit www.gladstonerc.qld.gov.au/healthyactive.

**MEDIA INFORMATION: For further information contact Council's
Community Relations Department on 4970 0700.**